BRICKTOWN BREWERY

2025 Nutritional Guide

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Modifications will alter these nutritional values.

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
SHAREABLES (SERVES 2 - 4 PEOPLE)											
Barvarian Pretzel Sticks	900	520	58	19	0	70	4910	101	3	3	31
Boneless Wings	660	230	25	11	0	230	4580	26	2	6	84
Boom Boom Shrimp	890	450	50	8	0	270	3290	73	5	6	35
Chicken Nachos	3310	2000	222	70	3.5	475	7250	240	29	12	153
Chopped and Chipped Nachos	3470	2170	241	85	3	410	6780	270	23	52	115
Dipping Trio	2810	1870	208	46	0	140	6420	261	49	13	57
Chicken Elote Dip	2260	1290	144	46	5	290	3450	170	18	11	70
Southwest Chicken Quesadilla	1470	920	102	45	3.5	285	2950	57	8	7	78
Watonga Cheddar Curds	1270	810	90	38	0	220	2630	55	0	3	42
BRICKTOWN BURGERS Side not included.											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad	190	80	9	4	0	20	330	20	4	6	10
Hatch Green Chile Burger	880	560	62	22	2	115	1880	62	4	11	31
Hatch Mac & Cheese Burger	880	560	62	22	2	115	1880	62	4	11	31
Bacon Cheddar Burger	1020	660	73	26	2	135	2230	59	3	22	40
Bacon Guacamole Burger	1130	780	87	27	2	135	2510	60	11	13	40
Blue Ribbon Burger	1120	660	73	24	2	140	3890	78	3	27	44
Breakfast Burger	1130	700	78	26	3.5	135	3140	74	3	25	40
Bricktown Burger	870	580	65	21	2	115	2420	43	3	16	24
Bricktown Double Burger	1280	870	97	36	4.5	215	4250	52	3	21	48
Rodeo Burger	1010	520	58	22	2	120	2630	91	2	53	35
Turkey Burger	730	440	48	11	0	125	4070	44	3	10	35
Gluten Free Bun	60	25	3	0	0	35	160	15	11	0	9

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HAND CRAFTED Side not included.											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Brewery Garden Salad (No Dressing)	190	80	9	4	0	20	330	20	4	6	10
Bricktown Club	1570	920	102	42	0	200	3730	99	4	13	76
Bricktown Grilled Chicken Sandwich	1040	480	53	18	0	185	3690	73	5	20	72
Buttermilk Fried Chicken w/ Salt & Pepper Honey	1260	210	23	6	0	155	3570	214	322	152	534
Chicken Sandwich w/ Spicy Mayo & Slaw	1020	460	51	12	0	175	3120	82	3	16	58
Grilled Ham & Cheese w/ Tomato Soup	1570	1240	138	53	0	200	3360	78	4	10	60
Roast Beef French Dip	1230	480	53	19	0	335	4150	49	0	1	124
Turkey Bacon Guacamole Melt	1320	740	83	17	48	150	3360	157	22	75	70
Teriyaki Chicken Sandwich	1010	430	48	15	0	165	2770	86	4	27	65
PIES-OH-MY 1 slice											
BBQ Chicken Pizza	220	90	10	3.5	0	30	480	26	1	9	13
Bricktown Combination Pizza	220	120	13	6	0	30	480	19	2	2	11
Cheese Pizza	140	60	6	2.5	0	15	230	18	1	2	7
Chicken, Bacon, Ranch Pizza	230	110	12	5	0	40	630	20	2	3	14
Rustic Pepperoni Pizza	200	110	12	5	0	30	480	18	1	2	10
The Carnivore Pizza	230	120	13	5	0	35	570	20	1	2	12
The Veggie Pizza	160	70	8	3	0	15	390	19	2	2	8
Bee Sting Flatbread	80	50	6	2.5	0	15	240	3	0	0	4
Spicy Sausage Flatbread	880	590	65	24	0	125	2240	41	2	10	38
Califlower Crust	480	90	11	6	0	30	810	81	3	6	12
Pizza Crust	620	35	3.5	0	0	0	620	122	10	10	27

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FORK & SPOON											
Brewery Garden Salad (No Dressing)	190	80	9	4	0	20	330	20	4	6	10
Chicken Caesar Salad	880	560	62	14	0	165	3360	27	2	2	58
Chicken, Berries, & Pecan Salad	1400	930	104	23	0	215	3040	69	41	52	107
Cobb Salad	1280	890	99	16	0	350	3810	38	14	19	79
Protein Salad Bowl Pork	940	580	64	29	5	145	800	32	8	7	50
Protein Salad Bowl Chicken	920	480	53	24	5	215	3170	35	8	8	66
The Best Fried Chicken Salad	1320	770	85	18	0	160	2480	86	12	47	63
Asian Chopped Salad	850	370	41	6	0	130	2050	68	22	32	54
BBQ Chicken Salad	1100	590	66	16	0	170	2750	72	14	25	60
French Onion Soup Bowl	460	240	26	13	0	65	1990	35	3	10	28
French Onion Soup Cup	310	150	16	8	0	40	1390	28	2	7	18
San Marzano Tomato Soup Bowl	310	430	48	12	0	25	930	22	2	6	5
San Marzano Tomato Soup Cup	200	290	32	8	0	15	610	14	1	4	3
Chicken Tortilla Soup Bowl	690	150	16	8	0	55	1210	96	21	9	46
Chicken Tortilla Soup Cup	490	110	12	2	0	35	840	67	15	6	31
DRESSINGS 1 fl oz											
Citrus Dressing	80	80	9	0.5	0	0	300	2	0	1	0
Blue Cheese Dressing	120	120	13	2.5	0	10	200	2	0	0	2
Brown Derby Vinaigrette	120	130	14	1	0	0	35	0	0	0	0
Caesar Dressing	100	100	11	1	0		150	0	0	0	0
Parmesan Garlic	170	170	18	3.5	0	10	190	2	0	0	0
Poppy Seed Dressing	170	250	17	3	0	10	225	6	10	4	16
Ranch Dressing	110	100	11	2	0	5	135	2	0	<1	<1
White Balsamic Dressing	180	160	18	1.5	0	0	170	6	0	5	0

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BIG PLATES											
Big Mike's Meatloaf Dinner	1780	840	93	35	2	330	5050	231	12	56	75
Brewery Chicken Fried Chicken	1040	440	49	16	0	250	3810	95	8	12	79
Brewery Chicken Fried Steak	1230	590	65	20	0	215	4010	115	9	13	65
Chicken Tenders	1400	500	55	9	0	230	5610	149	6	55	97
Chicken Pot Pie	730	800	89	13	0	140	2190	70	4	29	45
SEAFOOD											
Soy Glazed Salmon	770	380	43	12	0	120	3350	61	3	33	42
Fish & Chips	1140	450	50	8	0	140	3320	106	6	11	55
Fried Shrimp	890	240	26	4.5	0	280	4830	120	27	24	41
Seafood Platter	1220	460	51	8	0	240	4630	128	20	23	56
Shrimp & Tenders	1100	310	34	5	0	240	4900	133	20	48	65
DESSERTS											
Bricktown Root Beer Float	520	210	23	14	0	70	150	78	0	78	7
Heath Bar Crunch® Brownie	1050	490	55	30	0	150	400	133	6	104	13
Sizzling Apple Crisp	1100	320	35	21	0	100	500	188	4	131	10
Tillamook® Vanilla Bean Ice Cream Scoop	190	100	11	7	0	35	50	19	0	19	4
La Baguette Cheesecake	550	250	28	12	0	70	550	72	87	66	134
LUNCH SPECIALS											
Big Mikes Meatloaf Lunch	1080	450	50	19	57	160	2980	235	6	106	40
Boneless Wings Lunch	370	110	13	6	0	115	2540	21	2	5	43
Chicken Fried Chicken Lunch	700	220	24	10	0	190	2970	72	4	7	58
Chicken Tenders Lunch	620	200	22	3	0	95	1520	58	5	1	47
Lunch Slider Basket	860	540	60	22	2	155	900	48	<1	18	32
Shrimp Platter Lunch	560	130	14	2	0	140	2380	84	19	12	22

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LIMITED TIME ONLY ITEMS											
Kickin' Chicken Sliders	890	160	18	7	0	205	3370	116	<1	53	61
Grilled Chicken Taco Salad	1060	540	60	21	6	185	3570	69	14	14	67
Shrimp Tacos (3)	1160	440	49	12	0	70	4780	153	9	31	20
Tomatillo Chicken Enchiladas	3930	1620	180	32	3.5	160	4200	468	55	7	102
Churros (5)	690	250	28	14	0	70	420	104	0	58	7
KIDS MENU											
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Apple Slices	110	0	0	0	0	0	0	24	7	21	0
Carrots & Celery Sticks	20	0	0	0	0	0	0	29	7	21	0
Sliders	600	380	42	17	1.5	110	2780	32	<1	12	24
Cheese Pizza	130	50	6	2.5	0	15	220	18	1	2	7
Grilled Cheese	490	160	18	7	0	30	1000	60	13	10	19
Mac & Cheese	310	80	9	2.5	0	15	830	44	2	10	11
Pepperoni Pizza	210	110	12	5	0	30	460	18	1	2	9
Tenders	340	90	10	1.5	0	105	1420	21	0	2	44
SIDES											
Bread & Butter Pickle Slaw	260	200	22	4.5	0.5	15	580	16	3	10	2
Bricktown Chips	240	140	15	1	0	0	790	24	3	8	2
Broccoli	90	70	7	1.5	0	0	1270	6	3	2	3
Green Beans	80	35	4	1.5	0	0	820	10	3	3	3
Cavatappi Mac & Cheese	530	330	37	23	0	120	630	33	1	2	15
Green Chili Mac and Cheese	532	330	37	23	0	120	630	34	1	2	15
Mashed Potatoes	260	80	9	5	0	25	790	37	4	2	5

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SIDES CONTINUTED											
Cilantro Lime Rice	60	10	1	0	0	0	300	12	0	0	1
Black Beans	70	0	0	0	0	0	350	15	4	<1	5
Okra	170	30	3.5	0.5	0	0	1880	32	4	4	4
Salt & Pepper Fries	330	120	13	1.5	0	0	1380	47	5	0	5
Onion Rings	380	150	17	3	0	0	840	55	2	6	6
Mashed Potatos (Loaded)	560	270	30	15	0	75	1500	51	5	7	19
Sweet Potato Fries	450	170	19	3	0	0	1850	64	3	21	3
Sweet Potato Fries w/ Sea Salt Caramel & Bacon	570	190	22	4	0	5	2550	89	3	39	4
Fried Shrimp (2)	80	5	0.5	0	0	70	650	10	0	<1	9
Fried Shrimp (4)	170	10	1	0	0	140	1290	20	0	0	1
SAUCES 1 fl oz											
Cumin Lime Sour Cream											
Anchor Bar Sauce	30	30	3.5	2.5	0	10	670	0	0	0	0
Bacon Aioli	200	200	22	2.5	0	45	125	0	0	0	2
Blueberry Salsa	15	0	0	0	0	0	0	4	<1	3	0
Boom Boom Sauce	150	140	16	2.5	0	15	250	2	0	2	0
Buffalo Blue Cheese Sauce	100	90	11	2.5	0	10	310	1	0	0	1
Burger Sauce	150	140	16	3	0	5	200	2	<1	<1	0
Chili Glaze	70	0	0	0	0	0	270	17	0	15	<1
Chipotle Mayo	200	200	22	4	0	10	310	2	0	0	0
Cocktail Sauce	30	0	0	0	0	0	250	8	7	6	0
Dijon Mustard	110	100	11	2	0	<5	260	<1	0	0	0
Gravy	30	45	4.5	1	0	<5	105	2	0	1	1
Mayo	200	200	22	4	0	10	130	2	0	0	0
Mango Aioli	200	200	22	4	0	10	170	3	0	0	0

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SAUCES CONT.											
Salt & Pepper Honey	130	0	0	0	0	0	300	34	85	34	127
Sissy Sauce	30	30	3.5	2.5	0	10	67	0	0	0	0
Spicy Caramel	100	5	0.5	0	0	<5	60	24	0	18	0
Mac and Cheese Sauce	110	100	11	7	0	35	160	2	0	0	3
Queso	110	130	14	5	0	25	470	3	0	<1	4
BBQ Ranch	100	90	10	2	0	<5	160	4	0	2	0
Honey Mustard	90	50	6	0.5	0	10	280	11	0	11	0
Head Country BBQ Sauce	60	0	0	0	0	0	330	15	0	14	0
BREADS & BUNS											
Brioche Bun	200	25	3	1.5	0	0	340	38	<1	6	6
Potato Bun	150	20	2	0.5	0	0	180	25	1	5	1
Slider Bun	110	20	2	0	0	0	220	22	3	4	4
Focaccia Bread	420	45	5	5	0	0	1080	81	3	0	13
White Bread	210	20	2	0	0	0	480	40	5	1	8
9 Grain	170	25	3	0	0	0	260	30	7	5	6
French Baguette	200	0	0	0	0	0	540	40	0	0	7
Pretzel Bun	290	45	5	2.5	0	0	420	53	3	6	9